



Personal Gear List

Boy Scout Troop 46

Essential Equipment

- Full Scout Uniform (known as a Field Uniform or Class A's) while travelling
- Troop or Scouting T-shirt (known as an Activity Uniform or Class B's)
- Boy Scout Handbook (in ziplock bag)
- Pen and paper
- Water bottle (Nalgene is best)
- Headlamp and/or Flashlight (small, pocket-size works well) and extra batteries
- Pocket knife (only when a Scout earns his Totin' Chip) and Totin' Chip
- Compass
- Cup, Bowl and Spork (all suitable for hot foods or drinks)
- Camp stool
- Sleeping bag – a bag rated 20 degrees works well year round for our camping in Texas
- Pillow (optional)
- Thermal ground sleeping pad (a foam pad works well for insulation/padding - it doesn't need to be one of the expensive ones)
- A duffle bag or backpack to transport personal gear. If you're new to Boy Scouting, a duffle bag may work better till a backpack can be fitted properly as your Scout grows. A heavy duty trash bag can also be used in a pinch!

Personal Items

- Toothbrush
- Toothpaste
- Soap
- Towel (small towel is fine)
- Comb
- Lip balm (Chapstick – in cooler weather)
- Sunscreen
- Cap or wide-brim hat for sun protection
- Sunglasses
- Bug spray
- First aid kit

Daytime Clothing

Note: Though most Texas camping is usually done in warm weather, please be prepared at any time for changes in weather! Layering your clothing is a tried-and-true way to maximize your comfort in the outdoors. The beauty of this simple concept is that it allows you to make quick adjustments based on your activity level and changes in the weather. In the event of cold weather to assist with warmth, every layer should fit loosely, so that they trap air which insulates.

First, Base layer:

- Underwear
- Socks – wicking if available
- With cold weather camping - long, thermal, wicking underwear (e.g. hot chilies or polypropylene)

Second layer:

- Short or Long pants – Scouting or “convertible” pants work well (“convertible” pants have zip-off legs so they can easily be short or long!)
- Additional t-shirts: short sleeve in warm weather; long sleeve in cooler weather

Third thermal layer – with cooler weather:

- Heavy Socks - wool is best
- Sweat shirt, sweater or fleece jacket
- Sweat pants – fleece or wool

Fourth, outer layer – with colder weather:

- Stocking cap (very important!)
- Gloves
- Sturdy shoes and/or Hiking Boots

Sleep Clothing (a separate, dry set)

- Separate set of underwear and pajamas, or sweatshirt and sweat pants.
- Pack these inside sleeping bag, or a large ziplock bag.

Rain Gear – be prepared for rain at all times!

- Rain pants & jacket

In the event of cold weather, moisture in your daytime clothes can cause you to be cold for many hours as your body heat is consumed by evaporation. If a scout can stay dry, or change into dry clothes for sleep, he will stay warm and enjoy cold weather camping much more.

When Backpacking

- Backpack -
- Waterproof stuff bag for sleeping bag (a heavy duty garbage bag works well also)
- Second Nalgene water bottle
- Gold Bond anti-chaffing powder!